

Loop Recorder Procedures

Medication and Special Instructions for Procedure

- Bring a list of your current medications with you to the office, including name of drug, dosage, and how often you take them.
- Take your medications as directed the day of your procedure. If you have been asked to hold your blood thinner prior to your procedure, then please do so.
- Please call the office to reschedule your procedure if you develop a fever or infection within 3 days of your scheduled appointment.

Follow these instructions after your procedure

- Do not lift anything over 10 pounds for 1 week following procedure and no excessive stretching please.
- Your incision has steri-strips that will fall off naturally over 2-3 weeks. No picking off please.
- No showering for 1 full day following procedure. When you do shower, let the water hit your back and directly on site. Pat dry with a clean towel. Do not put lotions or powder on the site. Leave it open to air and do not cover area with any bandage.